

Out of the Psychic Closet

By Toby Fesler Heathcotte

A self-help handbook in two parts that will show the reader how to step out of the psychic closet, to rise above anxiety and distrust, and to incorporate psychic abilities into a more honest model of personal reality.

The first part narrates the author's psychic experiences. The second part details scientific research, historical background, and previously unpublished anecdotes of the paranormal.



Cover artwork by Ardy Scott

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What people are saying:

"Thank you Toby for opening the door for many who have always wanted to know more but were afraid to ask."

Reverend Sue Henley

"What a brilliant book! I've just finished reading it and like all good books I feel sad that it's come to an end. ...This book would be excellent as a reference book for those on their spiritual journey as well as for those who wish to dip their toe into the psychic realms. There is a wealth of information on all the topics with references to web sites for further studies..."

Tom Czternastek, Psychic Explorer, United Kingdom

Author Bio

At seven, Toby Fesler Heathcotte saw a ghost. Her family dismissed the episode, and she grew up distrusting her own perceptions. Repeated psychic experiences forced her to learn some coping strategies. She sat in development groups and experimented with techniques like psychometry, automatic writing, and dream analysis. A former high school and college teacher, Heathcotte serves as president of Arizona Authors Association.

Out of the Psychic Closet is available for pre-order from your favorite local bookstore. Copies can be pre-ordered from Baker & Taylor, Ingram, or the publisher, Twilight Times Books, P. O. Box 3340, Kingsport, TN 37664 and also via the Internet at <http://twilighttimesbooks.com>.

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